



PE and School Sport Action Plan

Millbrook Primary School 2018–2019

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

PE lead - Peter Bell	Governor Responsible -
Total number of Y1-Y6 pupils eligible for grant:	92
Total Available Spend:	£16970

Key achievements to date:

Areas for further improvement and baseline evidence of need:

The impact of the Sport's Premium money will have a lasting, long term effect and impact on Millbrook School. The use of the money to hire sports coaches and specialists has had a huge impact to date on staff confidence and capabilities to teach a variety of high quality PE across the school. We intend to continue to build on this CPD to enhance and enable all teaching staff to deliver high quality PE and a wider variety of experiences for the pupils to promote the importance of healthy lifestyles. We identified groups of children who weren't participating in sport or activity and targeted clubs specifically at these groups, for example, girls Aloud. The children are now excited about their PE curriculum, clubs and the opportunities now available to them and so are the staff. This attitude will be the driving force in sustaining the impact long term.

In 2017/2018, we ran the following clubs:

- KS1 multisports
- soccer
- tag rugby
- netball
- running
- girls football
- tennis
- surf lifesaving
- junior ten tors
- girls aloud activity club
- bikeability level 1 and 2
- Balanceability

We participated in the following tournaments:

- MAT bowls competition (C team)
- East Cornwall swimming gala
- Many football matches (A and B team)
- South East Cornwall and East Cornwall Tag rugby championships (A team)

- to encourage more children to be active for 30 minutes a day.
- To increase staff confidence through attendance at Continued Professional Development and conferences.
- To develop leadership and management of PE.
- To raise standards of PE in all sports across the whole school through the use of specialist coaches to deliver curriculum and after school provision.
- To introduce alternative sports.
- To increase the number of children attending after school clubs. This will be monitored through absolute coaching.
- To purchase equipment to raise standards in PE, extra-curricular clubs and active playtimes.
- To encourage more pupils to take part in competition through the attendance of a variety of MAT festivals.
- To increase the number of children who can swim 50m through the continuation of swimming lessons in Year 3 and Year 4, with catch up sessions for older pupils.
- To identify groups of children who aren't participating and organise clubs and competition specifically for them.



<ul style="list-style-type: none"> • South East Cornwall and East Cornwall and Cornwall netball championships, where we came second! (A team) • South East Cornwall QUAD kids athletics and Cornwall level 3 athletics. (A and B team) • South East Cornwall athletics championships (A team) • MAT netball tournaments (A and B team) • MAT tag rugby tournament (B and C team) • MAT athletics run by Y5/6 for Y1/2 pupils (A and D team) • Junior Ten Tors <p>Absolute coaching indicated that 100% of KS1 pupils competed in competitive sport and 65% attended sports clubs.</p> <p>in KS2, 100% of pupils competed in competitive sport and 925 attended sport clubs</p>	
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Key Indicator 1 : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school			
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> • To raise the profile of PE and sport across the school through the introduction of Playground leaders and Sugar Smart leaders. 	Staff time Part of our Arena service level agreement	Sugar smart and playleader training takes place and as a result pupils are more active at breaktimes.	

<ul style="list-style-type: none"> ● Use absolute coaching to identify groups and cohorts not competing or participating in sport or activity and design clubs and competitions specifically for these pupils ● Replace PE and school sport equipment ● Replace huff and puff equipment for break times, guided by the school council ● Introduce a reward system for PE to recognise achievement. ● Plan a range of adventurous outdoor activities for all pupils. ● Encourage walk/scoot/bike to school. ● Ensure every child receives at least 2 hours of high quality school sport a week, with upto 85% receiving 4 hours a week with after school sports clubs. 	<p>Absolute coaching MAT subscription</p> <p>£1500</p> <p>£150 for transport for each session.</p> <p>Arena agreement for bikeability level 1 and 2 balancability for EYFS</p> <p>Contract with PAFC for soccer club: Arena for expert coach for after school club: LTA for tennis coach:</p>	<p>Less active groups identified on half termly time scale and specific, targeted clubs initiated.</p> <p>PE and sport lessons have all the equipment needed for all pupils to be involved. Active breaktimes observed by teachers and TA's</p> <p>September – currently no PE reward system in place.</p> <p>Each year group has an outdoor, adventurous activity each term.</p> <p>Walk to school week takes place Encouraging scooting and cycling.</p> <p>Absolute coaching tracks pupil involvement.</p>	
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	Adventure Bay for surf lifeguarding sessions for self rescue:		
Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement			
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> To ensure all children within the school have quality PE taught by a specialist coach/teacher throughout the year. To raise the profile of PE through competition at Millbrook with the purchase of a team kit. 	<p>Arena contract</p> <p>£200?</p>	<p>Expert coach delivers high quality PE, while addressing needs of teachers as CPD.</p> <p>New kit for running/athletics New team strip for invasion games competition</p>	
Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport			
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> To increase staff confidence through observations of specialist coaches. To develop leadership and management of PE. To raise standards of PE in all sports across the whole school through the use of specialist 	<p>£550 ARENA Membership £2293</p> <p>Supply cover for the year for PE lead</p> <p>ARENA coaches previously costed</p>	<p>Staff questionnaires end of September comparing to July.</p> <p>Children questionnaires and</p>	



<p>coaches to deliver curriculum and after school provision.</p> <ul style="list-style-type: none"> Find out where staff lack confidence in teaching PE and ensure needs are met through CPD . 	<p>Arena package</p>	<p>data seen on Absolute coaching app.</p> <p>Specialist coach supports staff needs from feedback</p>	
<p>Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils</p>			
<p>Intended Actions with impact on children</p>	<p>Funding allocated</p>	<p>Evidence and impact</p>	<p>Sustainability and next steps</p>
<ul style="list-style-type: none"> To introduce alternative sports through the Arena specialist coach To increase the number of children attending after school clubs. Groups and cohorts who aren't participating and competing will be identified by absolute coaching. To purchase equipment to raise standards in PE, extra-curricular clubs and active playtimes. 	<p>Arena package</p> <p>MAT package</p> <p>£1500 Equipment costs</p>	<p>Alternative sports for each class on a half termly schedule.</p> <p>Absolute coaching to identify groups. Consider Girls aloud club again if girls seem a target group.</p> <p>PE and sport lessons have all the equipment needed for all pupils to be involved.</p>	

Key Indicator 5 : Increased participation in competitive sport			
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> ● To encourage more pupils to take part in competition through the attendance of a variety of MAT festivals. ● Create opportunities for competition specifically targeting A team, B team and C team players. ● Create competition for KS1 pupils. ● Provide opportunities for leadership in PE ● To increase the number of children who can swim 50m through the continuation of swimming lessons in Year 3/4 	<p>MAT package</p> <p>Funded by school Transport Supply cover @ £150 a day per competition.</p> <p>Transport at £150</p> <p>School funded Self rescue and surf lifesaving sessions with adventure bay at £12 per pupil per session.</p>	<p>Absolute coaching identifies groups.</p> <p>Competitions take place across the MAT and in the Sainsbury's School Games. A, B, and C team opportunities to ensure all pupils participate.</p> <p>KS1 pupils participate in an athletics festival run by playleaders/sugar smart leaders.</p> <p>All Y6 pupils participate and achieve the self rescue part of the course.</p>	<p>Absolute coaching app up and running and reviewed.</p>



	(six sessions intended)	
Meeting national curriculum requirements for swimming and water safety		
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?		100%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?		95%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?		95%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?		Yes